

# Non-Violent Childhoods Action Plan 2020-2025

- Contains <u>93 actions</u> for preventing emotional, physical and sexual violence against 0–17-year old children in different growth and operating environments.
- NAP deals with the rights of the child, inclusion, factors that protect against violence as well as risk factors and their consequences and emphasize multisectoral co-operation.
- WHO 7 INSPIRE strategies and UN Sustainable Development Goals (5.2., 16.1 ja 16.2.) as well as Lanzarote and Istanbul conventions has been taken into account in NAP

(a th

#### Content of the NAP/handbook

- Introduction
- Violence against children protective factors, risk factors and consequences
- Statistical review of violence against children
- **Rights of the child** 4
- Inclusion promotes safety and security and prevents violence Multidisciplinary cooperation and exchange of information
- Safety skills education
- Domestic violence in the family from the perspective of children and young peop Violence, bullying and harrassment in early childhood education, educational institutions and guided hobbies 9.
- Prevention of sexual violence against children and young people and minimisation of harmful effects of child sexual abuse
- 11. Sexual harrassment, grooming and sexual violence in digital media
- 12. Harm assassment in sexual offences against children
- 13. Children in vulnerable situations
- 14. Special issues
- () th

3 th

# Core messages and some key points

- · Every child has the right to non-violent childhoods. All forms of violence against children can and must be prevented.\*
- Children can overcome even difficult situations and lead a good life if adults fulfil their responsibility towards children and support them.\*
- Violence against children  $\rightarrow$  will be reduced if different authorities work together
- →can only end if legislation supports it and the legislation is implemented.
- Supporting parents and parenthood we can protect children.

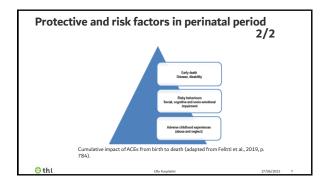
Based on General Comment No 13 (2011) of the UN Committee on the Rights of the Child (3 thi

- Monitoring and evaluation
- A steering group nominated by THL (incl. 4 ministries and 28 expert organizations and NGOs) is responsible for monitoring and evaluation. Mid-time evaluation will be done in 2022.
- Collaboration with <u>Barnahus-project at THL</u> as well as END Violence & Pathfinder-network has started well. See also WHO 2021 p. 17-19, 52.
- · Implementation of the measures are, as a rule, promoted as part of different organisations' own work. Various programmes and projects and the calls for funding applications also sup the implementation.

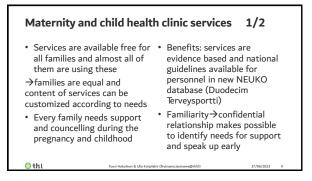
#### Protective and risk factors in perinatal period 1/2

- Promoting child`s safety includes for example (Bell et al. 2013, Hakulinen 2019): stable presence of safe, healthy and happy adult caregivers
- · functional interparental relationship and culture of warm and nurturing parenting
- sense of self-efficacy and have age-appropriate or tailored information and support/help when child or other family member has health or other problems.

3 thi







# Maternity and child health clinic services 2/2

- Scheluded appointments and health visits at clinics
  Extensive health examinations tar
- Extra visits when ever it is needed
- Scheluded home visits (see e.g. <u>Doyle et al.2017</u>)



Extensive health examinations targeted at specific age groups offer an opportunity to gain a broad understanding of a <u>family's</u> <u>living conditions and the</u> <u>family situation</u> and on the <u>interaction between the child</u> and the adults.

Appointments	Parity	Regular health examination and actor	Time*
68.gwks	ŖМ	First contact: telephone or face to face assessment of the need of support	15 min
8.–10. gwks	ŖМ	PHN (public health nurse) who also might have a degree in midwifery	1 h 30 min
13.–18. gwks	ŖМ	Extensive health examination: PHN and physician , jointly or separately	1 h 30 min 30 min
22.–24. gwks	P, M	PHN	30 min
26.–28.gwks	P	PHN	30 min
30.–32. gwks	P, M	PHN Appointment which is recommended by home visit for the first-time parents	30 min or 2 h 30 min
35.–36. gwks	P, M	Physician and PHN	30 min
3741.gwks	P, M	PHN - Visit fortnightly or more when needed	30 min
Delivery			
1.–7. days after discharge	P, M	PHN: visit to the clinic or home visit	60 min 2 h 30 min
5.–12. wks	ŖМ	Postpartum checkup: Physician or PHN	30 min

At least 9 health visits during the first year of an infant's life and 6 between the ages of 1 and 6 + Extra visits when needed.





😌 thi

Appointment	Regular health examination and actor	Time*
1-4 wks	PHN (public health nurse)	At least 60 min
4-6 wks	Physician and PHN	30-60 min
2 mos	PHN	60 min
3 mos	PHN	60 min
4 mos	Extensive health examination: PHN and physician, jointly or separately	At least 60 min
5 mos	PHN	60 min
6 mos	PHN	60 min
8 mos	Physician and PHN	30-60 min
12 mos	PHN	60 min
18 mos	Extensive health examination: PHN and physician, jointly or separately	At least 60 min
2 yrs	PHN	60 min
3 yrs	PHN	60 min
4 yrs	Extensive health examination: PHN and physician, jointly or separately	At least 60 min
5 yrs	PHN	60 min
6 yrs	PHN	60 min

