

RBUP Regionssenter for barn og unge psykiske helse (RUP) og SLP

The Attachment and Biobehavioral Cath-up (ABC) Programme in Norway

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Presentation outline

1. What is ABC?
2. What do we know about ABC?
3. What was our experience in Norway?
4. Summary and recommendations

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What is ABC?

- For children who have experienced early adversity
- 10 weekly home visits
- Video-feedback
- Two versions
 - ABC-Infant: 6-24 months
 - ABC-Toddler: 24-48 months



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What is ABC?

3 MAIN AIMS

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What is ABC?

NURTURANCE




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What is ABC?

FOLLOWING THE LEAD




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What is ABC?

NON-FRIGHTENING BEHAVIOR



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What do we know about ABC?

- "The First 1000 Days" report

Name of the intervention: Attachment and Biobehavioral Catch-up Intervention (ABC)

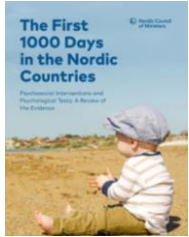
Level of evidence: 3

Authors: Charlotte Reiss & Maria Rys

Documentation and literature: Based on the literature search, 30 empirical articles including 23 ABC studies and two comparative reviews were included (Bjorkqvist et al., 2016; Borst et al., 2019; Borst et al., 2016; Borst et al., 2014; Borst et al., 2016; Borst et al., 2012; Borst et al., 2014; Borst et al., 2018; Carter et al., 2016; Carter et al., 2009; Carter et al., 2006; Carter et al., 2005; Cornwell et al., 2012; Crane et al., 2015; Hedges et al., 2010; Huse et al., 2015; Lucas-McCormy et al., 2012; Lohr, Borst et al., 2010; Lohr, Lee, Healy et al., 2010; Marmorek et al., 2010; Parnell et al., 2010; Sandberg et al., 2010; Viding et al., 2010; Viding, Borst et al., 2010; Viding, Borst et al., 2010; Viding et al., 2010).

Target group: Young children aged 6-24 months with a history of adversity (e.g., neglect, abuse, violence, and where child welfare is involved).

Area Covered and secondary: The main aim of ABC are (1) to help parents provide nurturing care to children when they are distressed (2) to help parents reduce their child's level in able and evaluation and (3) to prevent frightening parental behavior.



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What were our findings in Norway?

OBSERVATIONS

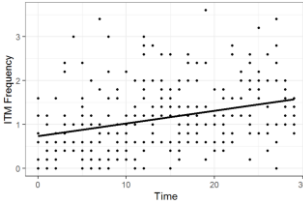
PHONE INTERVIEWS




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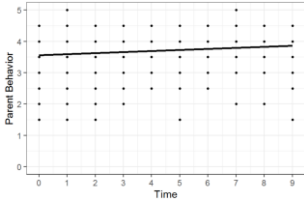
What were our findings in Norway?



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What were our findings in Norway?



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What were our findings in Norway?

RELATIONSHIP WITH FAMILIES



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What were our findings in Norway?






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Photo: [Brett Jordan](#) / Unsplash

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What were our findings in Norway?




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What were our findings in Norway?




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Conclusions

- There seems to be clear **improvement in parent behaviors**
- ABC **addresses important needs** in the Child Welfare Services
- Some **barriers** should be considered
- There is room for **adjustments**

Thank you!

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